

## **Eastern Local Middle School** Lunch Menu APRIL 2024



Director of Food and Nutrition: Kim Jeffreys EasternLocal@ThenutritionGroup.biz

The Deli

## The Grille

## One or more may be offered daily:

Hamburger on Bun Cheeseburger on Bun Chicken Patty on Bun



Must take at least one 1/2 cup of fruit or vegetable

\*Vegetable Bar May iclude:

Baby Carrots Dark Leafy Greens

Celery & Cucumber

\*Fruits may include:

Sliced Peaches Mixed Fruit Fresh Orange Banana Diced Pears **Applesauce** 

Crisp Apple Pineapple Tidbits



## **Coming Soon!!**

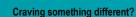
Lunch Prices: Paid \$2.95

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

Assorted Fruit

**MENUS SUBJECT TO CHANGE** 

_				Gro		
	Monday	Tuesday	Wednesday	Thursday	Friday	
	1	2	3	4	5	
		Chicken Nuggets	Egg & Cheese	Roasted Turkey	School made	
		French Fries	On biscuit	Mashed Potatoes & gravy	Cheese or Pepperoni Pizza	
		Assorted Fruit	Assorted Yogurt	Green Beans	Garden Salad	
	NO SCHOOL	Fat Free Milk	Assorted Fruit	Bread & Butter	Assorted Fruit	d
	NO SCHOOL	T de l'iso ivilik	Fat Free Milk	Assorted Fruit Fat Free Milk	Fat Free Milk	
l	8	9	10	11	12	
		Chicken patty on bun	Meatball Hoagie w/ Cheese	Chicken Alfredo	School made	
		French Fries	Lima Beans	Steamed Peas	Cheese or Pepperoni Pizza	
	NO SCHOOL	Steamed Carrots	Assorted Fruit	Assorted Fruit	Steamed Corn	
		Assorted Fruit	Fat Free Milk'	Fat Free Milk	Assorted Fruit	
		Fat Free Milk			Fat Free Milk	
	15	16	17	18	19	1
	Popcorn Chicken Bowl	Beef Nachos w/ Cheese	Breakfast Pizza	Lasagna Roll Ups	School Made	
	Assorted Fruit	Black Beans	Oven Fried Potatoes	Garden Salad	Buffalo Chicken Pizza	
	Fat Free Milk	Assorted Fruit	Assorted Fruit	Garlic Bread	Garden Salad	<b>N</b>
		Fat Free Milk	Fat Free Milk	Assorted Fruit	Assorted Fruit	n
				Fat Free milk	Fat free Milk	
	22	23	24	25	26	
	Hot Italian Sub	Taco,	Chili Cheese Fries	Salisbury Steak	School made	Г
	Pasta Salad	w/ L, T, & Cheese Steamed Corn	Steamed Broccoli Assorted Fruit	Mashed Potatoes & Gra- vy	Cheese or Pepperoni Pizza	
	Assorted Fruit	Refried Beans	Fat Free Milk	Green Beans	Steamed Carrots	
	Fat Free Milk	Assorted Fruit Fat Free Milk		Bread & Butter Assorted Fruit Fat Free Milk	Assorted Fruit Fat Free Milk	
	29	30				
	Western Burger on bun French Fries Baked Beans	COOKS CHOICE				



Assorted Salad Sandwiches and Wraps available instead of the hot entrée.



Now offering a Fresh salad Bar DAILY!



Milk Choices Offered Daily:

1% white, non-fat white, non-fat flavored





**Whole Grains Available Daily** 

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